

Sensory Needs Checklist for Parents and Teachers

Classroom engagement

- How is my child managing focus and attention in class?
- Are they making good use of sensory breaks?
- Do they use their sensory tools independently and effectively?
- Are there any challenges they face with specific class activities or tasks?

Social interaction

- How is my child interacting with their peers?
- Have there been any notable changes in their social behaviour?

Sensory tools

- Are any sensory tools showing wear and tear or needing replacement?
- Are there any sensory tools or resources that could be added to support them better?
- Is there a need to adjust the frequency or type of sensory breaks?

Sensory triggers and observations

- Have you noticed any new sensory sensitivities or triggers?
- Are there particular times of day or environments where my child struggles more?

Positive reinforcement

- What strategies or tools are working particularly well for my child?

Home-school connection

- Here's what we've noticed at home this week:
- Are there patterns or behaviours from school that we should address at home?

Preparing for events

- Are there any upcoming school events, changes, or activities that might require sensory preparation?

Additional input

- Do you have suggestions for how we can better support sensory needs together?



Additional comments or notes: